



## Registration Process for RIDE FOR YOUR LIFE™

1. Select a RIDE FOR YOUR LIFE RIDE™ in your Area.

### **Weekend Rides:**

(RIDE FOR YOUR LIFE™ TEAM WILL RIDE WITH THE ACTUAL RIDE ON THESE RIDES)

Register with Ride Director as RIDE FOR YOUR LIFE™ Team member

Individual Ride Director Info at [www.HealthyAltitudes.com](http://www.HealthyAltitudes.com)

At website- Click on “Ride Map” at the top of the page then click the ride you want to get to website

### **Weekday Group Rides:**

(RIDE FOR YOUR LIFE™ TEAM WILL RIDE THE ACTUAL COURSE ON THESE RIDES)

Contact RIDE FOR YOUR LIFE™ Operations Coordinator- Steven Bouchard

Email: [SteveB@HealthyAltitudes.com](mailto:SteveB@HealthyAltitudes.com)

These rides will be group rides and you can sign up in advance. Donations are suggested.

2. Raise Fundraising minimum (\$175- per person)

You can donate to the Lance Armstrong Foundation

Tax ID number: 74-2806618

OR

You can donate to Healthy Altitudes- Ride For Your Life

3. Have Fun!!! Buy a T-shirt, Luminary Candle, Jersey, Commemorative Certificate

Whatever you do- Don't forget to Smile!

(RIDE) FOR YOUR LIFE™ (or fill in your own blank to be active with us)

4. Ask your friends, family, and co-workers to join us. They can ride or support our pre/post ride party!

### **Healthy Altitudes, LLC**

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